




Elementary
October

<p>Offered Every Day</p> <p>Breakfast Cold Cereal Chilled Juice or Fresh Fruit</p> <p>Lunch Yogurt w/roll on Tuesdays Fresh Deli Sandwich</p> 	<p>Early Release Days Monday 6th Monday 27th</p>		<p>1 Wednesday Breakfast Egg & Cheese Muffin</p> <p>Lunch Nachos w/ Meat & Cheese Deli Sandwich</p>	<p>2 Thursday Breakfast Sausage, egg Pocket</p> <p>Lunch Stuffed Crust Pizza</p> <p>Deli Sandwich</p>	<p>3 Friday Breakfast Belgian Waffle Sticks</p> <p>Lunch Chicken Burger Deli Sandwich Baked Tater Tots</p>
<p>Variety Bar Offered Daily</p> <p>Fresh Crisp Salad Mix</p> <p>Fresh Seasonal Vegetables</p> <p>Variety of Fresh and Seasonal Fruit</p> 	<p>6 Monday Breakfast Ham, egg, cheese bar w/ blueberry muffin</p> <p>Lunch Popcorn Chicken w fries 1 ounce roll, Deli sand.</p>	<p>7 Tuesday Breakfast Breakfast Pizza</p> <p>Lunch Chicken Quesadilla Goldfish Sandwich Yogurt</p>	<p>8 Wednesday Breakfast French Toast Sticks</p> <p>Lunch Mac. & Cheese w/ 1 oz. breadstick Deli Sandwich</p>	<p>9 Thursday Breakfast Pancake on a stick</p> <p>Lunch Mini Pizza Deli Sandwich</p>	<p>10 Friday</p> <p>Staff Development No School</p>
	<p>13 Monday Breakfast Mini Pancake</p> <p>Lunch Bean & Cheese Burrito Deli Sandwich</p>	<p>14 Tuesday Breakfast Breakfast Burrito</p> <p>Lunch Chili Chippers Goldfish Sandwich Yogurt</p>	<p>15 Wednesday Breakfast Egg & Cheese Muffin</p> <p>Lunch Soft Beef Taco Deli Sandwich</p>	<p>16 Thursday Breakfast Sausage, egg Pocket</p> <p>Lunch Stuffed Crust Pizza Deli Sandwich</p>	<p>17 Friday Breakfast Belgian Waffle Sticks</p> <p>Lunch Fish Nuggets Deli Sandwich Oven Baked Fries</p>
<p>Breakfast All grades: \$1.50</p> <p>Lunch Grades K-6: \$2.50 Grades 7-8: \$2.75 Grades 9-12: \$3.00</p>	<p>20 Monday Breakfast Ham, egg, cheese bar w/Blueberry muffin</p> <p>Lunch Honey BBQ Chicken Tenders w/1 ounce roll Deli Sandwich</p>	<p>21 Tuesday Breakfast Breakfast Pizza</p> <p>Lunch Beef Ravioli w/1 oz Bread stick Yogurt Goldfish Sandwich</p>	<p>22 Wednesday Breakfast French Toast Sticks</p> <p>Lunch Turkey Noodle Soup Cheesy bread stick Deli Sandwich</p>	<p>23 Thursday Breakfast Pancake on a stick</p> <p>Lunch French Bread cheese or pepperoni pizza Deli Sandwich</p>	<p>24 Friday Breakfast Frittata w/biscuit</p> <p>Lunch Hamburger Deli Sandwich Baked Tater Tots</p>
	<p>27 Monday Breakfast Mini Pancake</p> <p>Lunch Corn Dog Deli Sandwich</p>	<p>28 Tuesday Breakfast Breakfast Burrito</p> <p>Lunch Chili w/2 oz roll Goldfish Sandwich Yogurt</p>	<p>29 Wednesday Breakfast Egg & Cheese Muffin</p> <p>Lunch Nachos w. meat & Cheese Deli Sandwich</p>	<p>30 Thursday Breakfast Sausage, egg Pocket</p> <p>Lunch Stuffed Crust Pizza Deli Sandwich</p>	<p>31 Friday Breakfast Belgian Waffle Sticks</p> <p>Lunch Chicken Burger Deli Sandwich Baked Tater Tots</p>

The USDA and the State of Oregon are equal opportunity providers and employers

Non Fat Chocolate Milk,
Fat Free Milk and 1% Milk offered daily

Menu subject to change without prior notice